



A List of Creative Acts, Part I a.k.a. Forgetting and then to Recall Things Done

by
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Every moment of every day, all of us are doing things. Now, over the span of our lives, if we suddenly wanted to list them all, it would be impossible.

We cannot because everything that we do just flows forth naturally and automatically by our faculty:

“to-know-to-decide to do X . . .”

It is by this faculty that you can walk through a busy Christmas Eve shopping mall and not have to think about how to walk and without colliding with people. This is also how you just know to say what you want to without having to work out the sequence of words for every sentence you wish to utter. Once you have said it, all too soon, you will forget the sentence.

This faculty, **“to-know-to-decide to . . .”** in academia is also known as:

to-know-to-know-to.

“To-know-to-decide to . . .” or **to-know-to-know-to** has a name to it. The name is Epistemology. It was a part of ancient Greek philosophy because the ancient Greeks wanted to find out how we come to **“to-know-to-decide to . . .”** or **to-know-to-know-to**. If, for one moment you think on it, consider the benefits if Psychiatrists were to know how a person **“knew-to-know-to** be depressed,” he could undo this knowing and end the condition of Depression for his patient. We think that in one stroke it would cut down the profits of the all drug companies by a quarter if not a half.

“To-know-to-decide to . . .” is a natural thing. For this all our doings are automatically embedded into our unconscious mind; and, we forget it.

Eventually, in our professional work, the time came when we just came **“to-know-to-decide to do certain things.”** These “certain things” were to research into the tantalizing, provocative and sometimes irksome:

mysteries
conundrums
enigmas

of human epistemology of ongoing human problems states that were presented to us¹ in our clinical work. What we were doing seemed so natural to us, that, our methodology of

¹ ongoing problems states that were presented to us:

research was automatically sequestered into our unconscious; the result was that even our discoveries became part of our unconscious as well. However, thankfully, before a discovery became sequestered in our unconscious, we would write a paper on it. In the main, these articles were presented before professional forums or were published in various journals in the English-speaking world.

So, what we write here is NOT an exercise in bragging of ourselves. The information is already out in the public domain.

Then, it happened one day, due to a set of circumstance, we were compelled to wonder what was the list of things that we had found by our research. It was to take us some like 7 months to work out what they were². It was quite a tough thing to do; and it continues to this day because we are not sure if the list is complete. There is a sense that we are missing some of discoveries for this list. And as we re-edit this today Saturday, February 19, 2011, we realized we missed one.

Here then is the list:

1. the Hierarchy of Paradigms, HOPs
2. the Hierarchy of Virtual Philosophies, (HOVPs) with the late Roland Roye Fraser
3. the pivot upon which the Aristotelian system turns to be the insane thing that Alfred Korzybski³ proved it to be
4. the language structures and system of the meta-meta-paradigm of Causality
5. the language structures and system of meta-meta-paradigm of Relativity
6. Neuro-Semantic Programming, NSP, and its core teaching seminars:
Freedom Seminar
De-Imprinting Seminar⁴
Power Seminar⁵
and
No-Y-ian Seminar
7. the logical basis for 2nd Order Change
8. the Four Languages of Human Communication⁶

We have been in conjoint clinical practice for 31 years. We estimate that we have cared for twelve thousand clients. In all this time we have never prescribed one drug.

² **It was to take us some like 7 months to work out what they were** because it did not occur to recheck our published and unpublished articles.

³ **Alfred Korzybski** is the father of General Semantics. In his seminal work, *Science and Sanity*, he indexed that the Aristotelian system of Cause and Effect is insane and he was to prove it in *Science and Sanity*. Then Bandler and Grinder in their work, *Structure of Magic*, utterly corroborated Korzybski's finding. They, in turn, were to prove that Cause and Effect is semantically ill-formed.

⁴ **De-Imprinting Seminar:**

It took one our students, Jo Kemp who indexed to us the basis to create for this seminar.

⁵ **Power Seminar Power Seminar:**

It was one of our students Tom Wood who indexed to us the basis to create this seminar.

⁶ **the Four Languages of Human Communication:**

There are thousands of human native tongues, each with their unique grammar that determines how the words are to sequence into a string, a.k.a. a sentence. However, such an accomplishment is insufficient because it does not provide the wherewithal for the native speaker to use his sentences in life to secure his wants and desires, needs and greeds and the cover for his anxieties, worries and fears. For this he has to have an overarching logical system or meta grammar to guide how to use the grammar of his native tongue. We now know that this meta grammar is the logic embedded in the philosophy of Cause and Effect, a.k.a.

9. the use of Informal Logic in Hypnosis
10. the structure of Geometric Logic⁷
11. the critical modifications and expansions of the Meta Model of Neuro-Linguistic Programming and its reformulation into the Modified Meta Model⁸
12. sane language will evince sane behaviour; conversely, insane language will get (a) insane human behaviours and (b) its place in therapy
13. rapport and hypnosis by IROSSFMISsTEMPS
14. the structural basis for all the linguistic patterns of Informal Logic
15. IROSSFMISsTEMPS
16. Universal Induction Protocol
17. the Quadrant Search
18. the Meditation-in-Hypnosis at the Centre
19. manoeuvre of the Meditation-in-Hypnosis at the Centre
20. Analog Contracts
21. the expansion of the Meta Programs to the Enriched Meta Programs
22. the Universal Induction Protocol
23. how to cull Non Dominant Hemispheric Access, (NDHA)
24. how to guide a person to the Light within them
25. the way to deal with Infertility
26. a model⁹ to get surgical hypnoanaesthesia

Causality. This is therefore the basis for the first language of human communication. There are 3 other overarching logical systems for all native tongues, bringing the total to 4. Most people are apparently unconscious and intuitive cognoscenti in the use of the first. For further information please refer to the article The Four Languages of Human Communication posted on our web site.

⁷ **Geometric Logic:**

We would like to recognize the work of John Searle on Speech Acts that significantly underpin the concept of Geometric Logic.

In every semantic item of consideration is the entirety of its logical records or files appertaining to it. As a whole the totality of the logical records/files are contained within its boundary. This boundary will abut against the boundary of other semantic items. All you have to do is to identify the boundary and you can track from one semantic to another. This is Geometric Logic. Let us give you an example:

I was visiting Niagara-on-the-Lake, the wine country of Southern Ontario. We stopped by the Hillebrand winery and as I tasted its Cabernet, I was reminded of our trip to Paris and French wines. Whilst in Paris we visited Chopin's grave. It was a very moving experience because as we approached his grave there was an increasing solemn silence. There were people there who were paying their respects to him. Even in the late 20th Century the grief of his death is still palpable. It is as palpable as the grief of our Canadian families who have lost their sons in the Afghanistan war.

The above description is a metaphor of the use of Geometric Logic. Using it, we overlapped you from Niagara-on-the-Lake to Paris using the common boundary on wine and we took you from the grief over Chopin's death to that of Canadian families and to the Afghanistan war.

⁸ the critical modifications and expansions of the Meta Model of Neuro-Linguistic Programming and its reformulation into the Modified Meta Model:

The Meta Model was created in 1975, within the anomalies of Cause and Effect. It was critical to extract it out of Cause and Effect. It bought into the error of Neurology that it is possible to filter out sensory information. By lived experience, no one can do this. We then discovered that it was not Generalization that was at issue but the manoeuvre of Quantification that was at the root of the problem. By 1992, we knew that there was a corpus of critical expansions and augmentations. We could have renamed what we had done by our work but we could not because we continue to hold in high respect the contributions of Bandler and Grinder to the field of therapy. By calling what we have done the Modified Meta Model, we continue to honour their name and yet index the changes that have been done to it.

⁹ model:

27. a model to get pain control
28. the model to invert a cancer
29. the Gurudev manouevres
30. the model to heal a person broken by the trauma of abuse
31. especially sexual and physical abuse by the use of the Gurudev Manouevres
32. how to determine the semantic structures for junko logic
33. the place of Informal Logic in Hypnotic Inductions¹⁰
34. Principle of Overlap II¹¹
35. Principle of Overlap III
36. the semantic threshold of emotions
37. we are barely in charge of ourselves, if ever
38. the critical place of Language Structures in Hypnotherapy and Psychotherapy and in human communication
39. Language Structures.

It was in this context that the next meta step opened before us. It was what was our methodology by which these findings were actualized. We shall deal with this in Part II of this paper.

Notice about Clerkships

We have two grandsons that we **WILL** baby sit whenever we are asked to. This means that when we do, we shall give up a whole weekend for ourselves.
We already have a slew of weekends that we have to give to various obligations. Thus we give 11 of them to the No-Y-ian Tutorials because they take place every Sunday. We give up 24 weekends to do the core NSP seminars every year. We have our Spring and Fall workshop to do. We are on faculty at two weekend annual conferences in the United States every year.
The point of sharing this is that we know that we are very reluctant to offer teaching workshops, certainly not for the issues of Therapy that are embedded in these articles:

A Case Study about/of/for . . .

We hold the view that any competent therapist can unravel the problem once the Manoeuvre of the Language Structure indexes what it is.

A model is a way of doing something. If it works you do not need a double blind trial of 20,000 examples. If you have a model by which to go by car from Toronto to Miami, you do not a 20,000 trials to confirm you have a way to get there. Thus, you could fire a passenger rocket to Cape Canaveral and then rent a car to Miami. This is one model to get there from Toronto.

¹⁰ **the place of Informal Logic in Hypnotic Inductions:**

We did not discover the formats of Informal Logic but, 1. its structure and 2. that it could be used for Hypnotic Inductions.

¹¹ **Principle of Overlap II** is an extension of the Principle of Overlap I that was discovered by John Grinder and Richard Bandler. Their discovery was how to track a person from one variable of the 4-Tuple to the next, i.e. from one sensory system to the next. Overlap II has to do with how to overlap a person from one semantic kernel consideration to another. Principle of Overlap III has to do with our ability to Overlap a person from EMP (Enriched Meta Program) to another.

Now, we believe that there are some truly serious and aware students who want to learn from us. We have therefore decided in this matter, a way around this is to offer clinical clerkships. We already offer clinical clerkships to our senior NSP students. They sit in as we work with out patients. From what they see and hear, they learn; and in the process we will also teach the student and clarify for him what we do.

These clerkships can be for one, two or three weeks.

If you are interested please contact Jennifer:

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An Advisory.

We hope that you have learnt much from our articles; and that the learnings have benefited you.

*However, everyone knows that there is a difference between reading George Lucas' script of *Star Wars* versus seeing its movie. There is an even greater critical difference between seeing the film versus being the principle character of the film.*

Therefore, it is our hope that you will accept our commendation to you to come to the seminars and workshops that we put on; they have significant benefits and critical learning consequences for you in your learning.