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Abstract: Stress and the Semantic Ill-formedness of Cause and Effect

by

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In 1933, in his seminal work, *Science and Sanity*, Alfred Korzybski the Father of General Semantics was to discover that the Aristotelian system of Cause and Effect is **un-sane!** This finding was corroborated by in 1975, in the core foundational work of the field study of Neuro-Linguistic Programming, *Structure of Magic* by John Grinder and Richard Bandler. They described thinking by Cause and Effect as semantically ill-formed. This fine turn of genteel and cultured language was nothing but another way of saying that thinking by Cause and Effect is bent, kinked and twisted, i.e. **insane!**

The presenters in turn in 1991, in their work, *Don't Ask WHY?!* were to map out the structural underpinnings for this insanity and its crippling extensions and debilitating analogical derivatives.

As a universal system of thinking and therefore of being, its un-sane pervasiveness means that every human being on this planet live by and in its insanities. It is just like we live with and between our two ear lobes. As a result of our habituation and accommodation, we are not aware of our ear lobes and we do not feel our ear lobes at all. In fact, the only evidence we have that we actually still have our ear lobes is from some vague memory that we might have seen this morning when we dried our face after we had washed it.

This is how it is that over the span of these thousands of years there has been no awareness of the insanities of the semantic ill-formedness of Cause and Effect.

We are **IN IT** and we do not even know.

This workshop will be the **THE** eye-opener of all eye-openers.

From it one can see the structural underpinnings of this thing called STRESS.